



## MANOTICK UNITED CHURCH

To Give New Life Away

### “WEEKLY UPDATE” – Friday, February 3rd, 2012

**Rev. Elaine Beattie:** ext 222 or at @ 613-240-9388 (cell)  
rev\_elaine@manotickunitedchurch.com

**Church Administrator:** Lisa Richards at 613-692-4576, Ext 221  
[admin@manotickunitedchurch.com](mailto:admin@manotickunitedchurch.com)

**Music Ministry:** Allan Boothroyd, Graham Howard & Scott Voelzing



**ALLERGIES:** As a courtesy to others please avoid bringing peanut/nut products of any kind and wearing perfume or cologne in the church. If you have an allergy we should be aware of, please advise the Office.

We would like to take this opportunity to acknowledge and thank the following participants for their gifts to our upcoming Sunday service. The support through their time and talent is greatly appreciated as it enhances our worship experience. **WE WARMLY WELCOME THE REV. DERRICK MARSHALL TO LEAD US IN WORSHIP THIS SUNDAY.**

**Greeters:** Lou Albers and Myrna Blaney

**Scripture Reader:** Mary Marg Barr

**Counters:** The Albers Team (Eileen & Lou Albers)

**Sunday School:** Lynne Freitag, Caroline Macko and Sheila McGaw

**Sound Booth:** Steve Macko

**Coffee:** Wendy & Tim Walton



#### **Readings this Sunday:**

Old Testament: Isaiah 40:21-31

Epistle: 1 Corinthians 9:16-23

Gospel: Luke 6:17-26

#### **PASTORAL CARE & CELEBRATIONS:**

Please continue to pray for all those facing treatment, surgery, and those who are recovering from surgery and those grieving. If there are any concerns or celebrations that we may not be aware of also, please let us know, OR if you know someone in need of a visit/support, please call the office at 613-692-4576 or *in the case of a Pastoral Emergency, please contact Rev. Elaine on her cell at 613-240-9388.* **PLEASE NOTE:** Rev. Elaine will be on a Study Leave from January 30<sup>th</sup> to February 7<sup>th</sup>. If there is a pastoral emergency, please contact Rev. Elaine on her cell. The Rev. Dr. Derrick Marshall will lead worship this Sunday, February 5<sup>th</sup>.

#### **The Prayer Cycle:**

The Ottawa Presbytery invites prayer each week for a particular pastoral charge and its work – each Sunday it will be a different church within the Ottawa Presbytery – this week it is for **Emmanuel United Church.**



Please check out Rev. Elaine's Webpage!!! When you visit our church website at [www.manotickunitedchurch.com](http://www.manotickunitedchurch.com) you will see, at the main page, under Rev. Elaine's information, a line that states: "Rev. Elaine's Web Page" click on this and that will take you directly to Rev. Elaine's web-page – please read and enjoy (especially her "reflections")! **NEW UPDATES HAVE BEEN POSTED!!!!**



### **ABOUT THE PAINTING/CLEANING "BEE" – February 4<sup>th</sup> at 10:00 am**

We are giving the room just off the kitchen a little "lift" – if you can help paint or you can help with some "clean-up", please contact Lynne Freitag at 613-692-3561. "Many hands make light work."

### **UPDATE on the Manotick United Church 🎵Music🎵 Needs Assessment:**

Thank you to all who attended our 1<sup>st</sup> meeting and to all who passed their thoughts and comments onward to be presented at the meeting. Following a free flow discussion amongst the group it was decided to distribute a small group of questions to the Music Ministry to elicit their feedback on the current status. The committee has scheduled a 2<sup>nd</sup> meeting next Monday, February 6th at 7 p.m. to follow-up on our 1st meeting and to compose written questions that will be given to our Music Ministry folks.



Looking for a collection of Mason jars or like size for Feb.29th service. Please bring what you have in clean condition and compile in box provided under the mailboxes at the back of church. Thank you, *Mary Marg*.



One of our Outreach families is in need of a double bed and delivery locally also. If you can help with this, please see Mary Marg.

### **CHURCH PENS:**

Following service **this Sunday, February 5<sup>th</sup>**, Pat Lazaruk will be selling our wonderful church pens at a cost of \$3/each – if you are interested in purchasing a pen, please bring YOUR CASH to Pat in the Library. Thank you.



### **Sunday School Bake Sale**

The Sunday School will be hosting a **♥ Valentine's Day Bake Sale ♥** on Sunday, February 12<sup>th</sup>. This is to help raise funds to support our Sunday school's foster child. On that Sunday, we would be very grateful if every family in Sunday school would please bring in some baked goods (we would also welcome donations from our church members as well). You could bake cookies, muffins, squares, fudge or maybe even a specialty of your own. We will try and make it a festive as possible. Thank you for your help in this endeavour!! Contact is Sheila McGaw at 613-692-4065.

### **2011 Tax Receipts are READY!**

Please pick up your 2011 Tax Receipts (located on the trolley just behind the Sound Booth). Thank You.

### **Name Tags:**

If you are interested in purchasing a Name Tag, you will find the order form located on the bulletin board on the Library wall. The cost is \$5.00 and the contact is Pat Lazaruk.

### **UCW MEETING:**

A meeting will be held in the home of Isabel Eastman (5982 Prince of Wales Drive), on February 13<sup>th</sup> at 7:00 pm. Contact is Isabel at 613-489-3276.

## **AGM – February 26<sup>th</sup>**

The Annual General Meeting is scheduled for Sunday, February 26<sup>th</sup>, following our worship service. There will be light refreshments following the service and the meeting will begin at 11:15 am. Any questions/concerns, can be directed to Catherine McVie at 613-692-4433 **PLEASE NOTE:** Catherine and Fraser are away from Feb. 3-19.

## **Meeting of the Christian Meditation Group:**

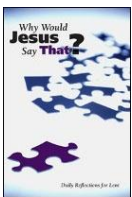
Christian Meditation is an ancient form of contemplative prayer that seeks God in the silence and stillness beyond word or thought. Benedictine monk, Father John Main (1926-1982), says: "In meditation our way forward to this growing awareness of the Spirit praying within us lies simply in our deepening fidelity to the saying of the mantra. It is the faithful repetition of the word that integrates our whole being. It does so because it brings us to the silence, the concentration, the necessary level of consciousness that enables us to open our mind and heart to the work of love of God in the depth of our being." If you are drawn to contemplative prayer journey or would like to see what Christian Meditation is all about, please join us on Wednesday evenings, **starting February 8<sup>th</sup> at 7:00 pm** in the Upper Room of Manotick United Church 5567 Manotick Main Street. Join us for as many (or as few) as you would like – there is no obligation to attend ALL the sessions. If you have any questions, please contact the office at 613-692-4576, ext. 221. Thank you.



There will be a Pancake Breakfast on **Sunday, February 12<sup>th</sup> beginning 8:30 am**. The men of the congregation are treating the women to a served Valentine breakfast (gluten-free) pancakes also available. All are welcome. No tickets needed but a free will offering will be welcome.

## **STILL TIME TO SIGN-UP for the NEW STUDY GROUP – Hosted by MUC – STARTING February 7<sup>th</sup>:**

The golden rule, Matthew 7:12 "Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets." Let see how we can put these words into action on a daily basis. Manotick United Church will be hosting a special reading group to study Karen Armstrong's *Twelve Steps to a Compassionate Life*. **The group will meet on the first Tuesday of each month at 7:00 pm**. The first session, which will be held on February 7<sup>th</sup>, will be an introductory session to the book and our time together. We will begin discussion in March. **To join this reading group**, please contact Rev Elaine Beattie 613-692-4576, ext 222 or at: [rev\\_elaine@manotickunitedchurch.com](mailto:rev_elaine@manotickunitedchurch.com). The books are available in Chapters South Keys, Rideau Chapters, Indigo in Barrhaven and online through Chapters and Amazon.ca. Cost approximately \$20.00 (or less).



## **LENTEN STUDY with Rev. Elaine:**

Rev. Elaine will be holding a Lenten study on Wednesdays during the season of Lent – the study would take place from 11:30 am to 1:00 pm and would be a "brown bag lunch get-together". The first session would be on Wednesday, February 29<sup>th</sup>. If you are interested in this study, please email or call the office **by February 10<sup>th</sup>**, as we need to know numbers so we can order the books.

**"Alternative Worship Rocks!"** is being held at Barrhaven United Church, 3013 Jockvale Road, Nepean, on Sunday, February 26<sup>th</sup>, 5:00 pm light dinner, worship at 5:30, theme is: "Talking with God/God Responding. For more information or to send song, DVD & theme suggestions, please contact Scott Auchinleck [scottauchmusic@gmail.com](mailto:scottauchmusic@gmail.com) or [alternativeworshiprocks@gmail.com](mailto:alternativeworshiprocks@gmail.com)

**Confirmation Class:** If you are interested or would like your child (12 and over) to participate OR you would just like more information regarding "Confirmation", please contact Rev. Elaine. The day and time of the classes would be decided upon by the participants. Confirmation would take place during Easter.

## ACTIVITIES AT A GLANCE

### SUNDAYS

- ❖ Worship Service @ 10:00 am
- ❖ Communion – the next communion will be February 26<sup>th</sup>
- ❖ Baptism – no baptisms scheduled at this time

### MONDAYS

- ❖ Manotick Seniors Luncheon – Every 2<sup>nd</sup> Monday. Contact Pat (from the Senior's Centre) at (613) 692-4697.
- ❖ Youth Group (ages 13 to 17) – 7:00 pm – 9:00 pm – Please join us and bring a friend.

### TUESDAYS

- ❖ First Tuesday of the Month – “12 Steps to Compassion” – Rev. Elaine – 7:00 pm – Minister's Office – 613-692-4576, ext 222 or email Rev .Elaine at [rev\\_elaine@manotickunitedchurch.com](mailto:rev_elaine@manotickunitedchurch.com) – **STARTING FEBRUARY 7<sup>th</sup>**

### WEDNESDAYS

- ❖ Christian Meditation Group – **STARTING February 8<sup>th</sup>** – Upper Room – 7:00 to 8:00 pm
- ❖ Lenten Book Study – **STARTING February 29<sup>th</sup>** – 11:30 to 1:00 (Brown Bag Lunch ☺)
- ❖ Monthly Council Meeting – Third Wednesday of the month, 7:00 p.m. Lower Hall

### THURSDAYS

- ❖ Music Ministry Practice @ 7:00 pm – Allan Boothroyd, Graham Howard, Scott Voelzing

### FRIDAYS

- ❖ Quiltz 4 Kidz – Lower Hall – 10:00 am to Noon – Contact is Mary Marg at 613-692-0949

## “Thoughts...”

Encouragement is the oxygen of the soul.

~John Maxwell~

Management is the process of assuring that the program and objectives of the organization are implemented.  
Leadership on the other hand has to do with casting vision and motivating people.

~John Maxwell~

He who thinks he leads and has no one following him is only taking a walk.

~Anonymous~



REMEMBER, if you have a submission for the “WEEKLY UPDATE”; please send it to me (electronically) by Thursday at NOON.

*Lisa J. Richards*

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